

PRESS RELEASE

Step up for the Pyjama Walk

Friday, 18th May, 2018

Enfield Civic Centre, Silver Street, EN1 3ES

7pm to sign in, set off at 8pm

Get your natty nightwear on for Enfield's biggest pyjama party as The Nightingale Cancer Support Centre holds the annual night hike on Friday, 18th May.

The 15km walk begins at Enfield Civic Centre and will take in the greenery and scenery of Winchmore Hill and Southgate. This is the sixth annual night hike held by the charity, with previous themes including superheroes, disco fancy dress and a colour walk, raising vital funds to continue supporting cancer patients and their families.

Elaine Taylor-Walker, 46, whose 46 year old husband is currently undergoing treatment for bowel cancer, has said The Nightingale has been like a family to her. She said, "I am doing the Pyjama Walk because for me it's a chance to say thank-you and give something back for all they have done for me and my family. "

She added, " We all know someone who has been affected by cancer but we never think it will happen directly to us or our family so I want to encourage people to take part in the pyjama walk and raise funds for this fantastic charity."

Director Joan Kearns said, "The annual night hike sees Enfield at its best: the community coming together in support of others. And of course, we make sure they have good fun in the process!"

The walk is open to everyone, 12 years and over, with an entry fee of £15. Registration is available by calling The Nightingale office on 020 8366 9674, online at, www.nightingalesupport.org.uk or walkers can simply turn up and register on the night.

- Ends -

Notes to Editors:

Images: 2018 route map, photographs of Elaine Taylor-Walker with her daughter, Meghan Walker, 11 and the 2011 pyjama walk.

For further information please contact director Joan Kearns at The Nightingale Cancer Support Centre on 020 366 9674 or email fundraising@nightingalesupport.org.uk